



AUTISM CHECKLIST

The ability to perceive accurately stimuli in the environment is basic to many areas of academic, communicative and social functioning. Although people with autism live in the same physical world and deal with the same 'raw material' their perceptual world turns out strikingly different from that of non-autistic people. Autistic people have 'unusual' sensory perceptual experiences that may involve hypo- and hypersensitivity, fluctuation between different 'volumes' of perception and difficulty interpreting a sense. Olga Bogdashina defines the role of sensory perceptual problems in autism identified by autistic individuals themselves.

Behaviour	Was true	Is true	Not true	Not sure
1. Resists any change				
2. Notices tiny change in the environment				
3. Does not recognise familiar environment if approached from a different direction				
4. Does not recognise people in unfamiliar clothes				
5. is not fooled by optical illusions				
6. constantly looks/picks up minute particles				
7. dislikes dark and bright lights				
8. frightened by flashes of light				
9. looks down most of the time				
10. covers, closes, squints at bright light				
11. is attracted to bright light				
12. looks intensely at objects and/or people				
13. moves fingers/objects in front of the eyes				
14. fascinated with reflections, bright objects				
15. runs hand along the edge of objects				
16. perimeter hugging				
17. frustrated/tired by fluorescent lights				
18. frustrated by certain colours				
19. fascinated by shiny objects/colours				
20. inconsistent response to the same visual stimuli				
21. attentive to part of object only				
22. gets lost easily				
23. fear of heights, stairs, escalators				
24. difficulty catching balls				
25. startled when suddenly approached				



For more information about Irlen Syndrome or for help with a diagnosis, please contact James Billett at Irlen Central England UK. James became an Irlen diagnostician in 1995 and has been helping many patients experience the benefits from Irlen lenses ever since.

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Behaviour	Was true	Is true	Not true	Not sure
26. compulsive fluctuating body movement and gesture				
27. hits/rubs eyes when distressed				
28. feels/acts blind				
29. ritualistic behaviour				
30. delayed response to visual stimuli				
31. can experience new and familiar experiences as the first time				
32. outburst or withdrawal as response to visual stimuli				
33. does not seem to listen				
34. avoids direct eye contact				
35. can appear to be a mindless follower				
36. surprises with knowing information				
37. smells, licks, touches, taps objects				
38. becomes absorbed/merged with lights colours or patterns				
39. seems to know what others who are not present are doing				
40. covers rubs blinks eyes in response to touch, taste , smell, movement				
41. complains about the wrong colour of things				
42. has good visual memory				
43. reactions are triggered by lights, colours, patterns				
44. easily solves jigsaw puzzles				
45. remembers routes and places				
46. memorizes information at a glance				
47. poor at Mathematics				
48. learns nouns first				
49. difficulties with adverbs and prepositions				
50. idiosyncratic pattern of language development				



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